



### *Post-op Instructions for Crowns or Onlays*

*When an anesthetic has been used, your lips and tongue may be numb for a few hours after the appointment. Avoid any chewing or hot beverages until the numbness has completely worn off. It is very easy to bite your tongue or lip while you are numb. It is normal to experience some hot and cold sensitivity after your appointment. Please be patient with any sensitivity to cold. Any new restoration could be sensitive to cold for an extended period of time.*

*Injection sites may also be sore. Ibuprofen (Motrin), Tylenol or aspirin work well to alleviate tenderness. If pressure sensitivity persists beyond a few days or if the sensitivity to hot or cold increases; contact our office. If you have a temporary crown, please avoid chewing hard sticky chewy foods. If your temporary comes off, call the office to have it placed back on until your final crown is ready to be seated.*

*If you are having your final crown seated, the bonding is completely set when you leave the office; you may chew with your new crown or onlay as soon as the anesthetic wears off.*

*If your bite feels uneven, if you have persistent pain, (other than cold sensitivity) or if you have any other questions or concerns, please call out office at 614-476-6696.*